



*You will never amount to anything.*

### Session #1

**Genesis 1:27,31**      **So God created man in His own image; in the image of God He created him. Then, God saw that everything He created was good.**

1.   Y  N    If you **disappoint** someone in your life, you are worthless.
2.   Y  N    Everything I try ends in **failure**; I am worthless.
3.   Y  N    I got **caught** in the act again; another proof that I am worthless.
4.   Y  N    My life is full of **consequences**; my life is worthless.

### THE MEANING OF WORTHLESS

5. If you think you are worthless, how do you know? Give three thoughts.

- a. \_\_\_\_\_
- b. \_\_\_\_\_
- c. \_\_\_\_\_

6. Have you ever thought or felt this?

- |                                       |               |              |
|---------------------------------------|---------------|--------------|
| a. I have no worth.                   | <u>  </u> Yes | <u>  </u> No |
| b. I do not have any value to anyone. | <u>  </u> Yes | <u>  </u> No |
| c. I have no good qualities at all.   | <u>  </u> Yes | <u>  </u> No |
| d. I am totally good for nothing.     | <u>  </u> Yes | <u>  </u> No |
| e. I am unlovable.                    | <u>  </u> Yes | <u>  </u> No |
| f. I have no practical use.           | <u>  </u> Yes | <u>  </u> No |
| g. I am uncountable.                  | <u>  </u> Yes | <u>  </u> No |

7. Read Genesis 1:27 & 31 again. If you truly believe these two verses, explain how you could mark "yes" to any of the statements?

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