

MY BEST

LESSON 4 – ENCOURAGE OTHERS

Dig out your Bible for this lesson. You will need to look up the Bible verses to find the information you need.

While you are trusting God to meet your basic needs, get your mind off yourself. Look around and encourage someone.

ENCOURAGEMENT #1 – Look up Philippians 1:6

I am sure that God who began the good work within you will keep right on helping you grow in his grace until his task within you is finally finished on that day when Jesus Christ returns.

1. What are the three things God does to develop a purpose in our lives?
 - a. _____
 - b. _____
 - c. _____
2. Since there are no "good works" in our lives until God is involved, what part of our lives would the word "began" describe? _____
3. ___Yes ___No Can we assume that an unbeliever would have to conclude that a Higher Power must be involved for his/her life to have any purpose?

ENCOURAGEMENT #2 – Look up Philippians 2:3-4

In whatever you do, don't let selfishness or pride be your guide. Be humble, and honor others more than yourselves. Don't be interested in your own life, but care about the lives of others too.

4. ___Yes ___No Honoring someone means reminding them of their value.
5. ___Yes ___No Are the instructions in this verse easy to do?
6. ___Yes ___No Could this be done in the mess hall, your cell, or at the store?

ENCOURAGEMENT #3 – Look up 1 Thessalonians 5:11

Therefore comfort each other and edify one another, just as you also are doing.

7. ___Yes ___No "Could "comfort" mean to "hold up" due to past & present struggles?
8. ___Yes ___No "Could "edify" mean to "build up" during present & future worries?
9. You could start out with "comfort". How could that be done? (Your thoughts)

-
10. Could "edify" be:

___ Sharing something personal?	___ Paying all their bills?
___ Calling them on the phone?	___ Sharing a book?
___ Spending time with them?	___ Reading the Bible with them?

ENCOURAGEMENT #4 – Look up Hebrews 3:13

Exhort one another daily, while it is called "Today," lest any of you be hardened through the deceitfulness of sin.

1. ___Yes ___No "Exhort" means to teach or point out things. This might be necessary.
 2. When should we do this? _____ Otherwise, what could happen? _____
 3. ___Yes ___No If people leave us alone, could that possibly make us unapproachable?
- When we reach out beyond our own heart to others, then we are at our best.**