

MY BEST

LESSON 3 – BELIEVE GOD FOR THE BASICS IN YOUR LIFE

Dig out your Bible for this lesson. You will need to look up the Bible verses to find the information you need.

Doing your best can only be accomplished when God is involved. Without God we can only do "ok" or "good". The "human best" is not the same as "God's best". When we are doing our "best", we are doing the will of God. When you accept the fact that you need help (from God), you are then beginning your "best".

BASICS #1 – Look up Ephesians 2:8-9

For by grace you are saved through faith, not by your own efforts; it is the gift of God; therefore, you cannot brag about it.

1. What is our first basic need? _____
2. Who is the only one who can provide this need? _____
3. Yes No You cannot be at your best until you are a believer in Jesus Christ.

BASICS #2 – Look up Matthew 6:31-34

So don't worry at all about having enough food and clothing. Why be like the heathen? For they take pride in all these things and are deeply concerned about them. But your heavenly Father already knows perfectly well that you need them, and he will give them to you if you give him first place in your life and live as he wants you to. So don't be anxious about tomorrow. God will take care of your tomorrow too. Live one day at a time.

4. What is our second basic need? _____
5. Who already knows what your physical needs are? _____
6. What causes worry? _____
7. Yes No You cannot be at your best when you cannot trust God to handle the details of your life.

BASICS #3 – Look up Proverbs 3:5-6

Trust in the LORD with all your heart, and do not rely on your own understanding. Acknowledge him in all your ways, and he will make your paths straight.

8. What is our third basic need? _____
9. What does "relying on your own understanding (cleverness)" accomplish?

10. What is the difference between a "straight" path & a "crooked" path?

11. Yes No Can you be at your best when you don't where you're going?

BASICS #4 – Look up Proverbs 29:25

Trusting in people will lead you into a trap, but whoever trusts in the LORD will be guided to safety.

12. What is our fourth basic need? _____
 13. Who will always get it right whether you understand it or not? Man God
- IN ORDER TO DEMONSTRATE THAT GOD IS THE ANSWER FOR THOSE AROUND US, THEY MUST SEE THAT WE ARE TOTALLY CONFIDENT THAT GOD WILL MEET OUR BASIC NEEDS. **When we are confident in our hearts, then we are at our best.**