

MAVIS

"Heart of Song"

*Speak to one another with psalms, hymns, and spiritual songs.
Sing and make music in your heart to the Lord always giving thanks.*

Ephesians 5:19

A mavis is a song bird. It should remind you to make a joyful noise to the Lord. This can be done with music, a kind word or a timely note or visit. Your spirit is refreshed as you sing.