

# MY EMERGENCY NUMBERS - Psalm 18:1

## I am Weak

*Being weak physically is not the point here. This condition is internal; it is the feeling that you cannot make it; you will not be able to withstand the pressure; you feel damaged and fragile at times. You won't admit it.*

1. King David faced this. What did he do? (Psalm 18:1)

\_\_\_\_\_

2. What words did he use to describe that God was able to help him?

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

*Keep in mind that when David wrote & prayed these words, he was being chased by King Saul; he was trying to kill David. Duh!! Who wouldn't feel weak inside if you were being chased by the entire government.*

3. What confidence did David have?

a. I will \_\_\_\_\_ upon the \_\_\_\_\_. (Psalm 18:3)

b. I will be \_\_\_\_\_ from my \_\_\_\_\_. (Ps. 18:3)

***If you are going to put your confidence in Someone, you want to be sure that you can reach this person, and that He can help you. I don't need to tell you that God can be reached, and He can help you.***

4. David was in bad shape. Fill in the words from Psalm 18:4-6.

a. "The pangs of death \_\_\_\_\_ me."

b. "The floods of godlessness make me \_\_\_\_\_."

c. "The sorrows of Hell \_\_\_\_\_ me."

d. "The snares of death \_\_\_\_\_ me."

e. "In my \_\_\_\_\_, I \_\_\_\_\_ upon the Lord."

f. "I \_\_\_\_\_ to my God."

*Yes, you have felt this way. People considering suicide are surrounded; there is no escape. David prayed, my friend. We are not always very good at that*  
**WHEN WE LEAST WANT TO PRAY, THAT'S THE TIME TO DO IT.**

5. What good news did David discover? (Psalm 18:6)

a. "He \_\_\_\_\_ my voice from His temple."

b. "And my cry came \_\_\_\_\_; even to His \_\_\_\_\_."

*Here's an issue that bugs people when they pray. We are impatient & scared & angry and desperate and alone. We want an answer NOW. Me too. Can I comfort you with this? The answer might not be there yet because He is still working in our lives & in our circumstances, BUT HE HEARD YOU!!*

6. Here's a hard question. Do you think God really cares about your troubles, and wants to help you, yes, all the time? Please comment.

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*Get your kleenex ready. This powerful God we often doubt is ready. How ready? Look at Psalm 18:7-16. He is ready at the moment you called; He is holding back all the power of Heaven; He is holding back the powerful angels until the right time. GOD KNOWS THE RIGHT TIME.*

7. "The earth \_\_\_\_\_." (Psalm 18:7)

"The foundations of the hills were \_\_\_\_\_."

"He was angry." (He is angry about your condition; He cares.)

8. After this incredible display of God's power behind the scenes, what did David say in Psalm 18:16? \_\_\_\_\_

9. Psalm 18:18 - "But the Lord was my \_\_\_\_\_."

**He put His arms under you and holds you. Hang on my brother!!!**