

# Just a Thought ...

Have you ever thought about old age? I am getting older now. Most people I know older than 70 cannot believe it got here so quick. My personal wish, like that of many, is that I could have the years back. How many times have I heard, "Man, I sure wish I was 30 again." I would like to be 30 again so that I could work around the yard without becoming exhausted, and so I could play with my grandchildren without taking so many breaks.

Some senior folks get depressed because they realize that they are running out of years. Another sad memory is remembering all the poor or bad choices & decisions we have made; yes, I would like to get the years back to make some decisions over again. However, when I was younger, I was proud, stubborn and had a violent temper. I would only want to repeat those years if I had the current brain & current life experiences under my belt.

Have these thoughts ever sneaked up on you, "I am old now. What am I good for? Who needs me for anything? My body is shot; I don't even like myself. My memory is going & that energy I used to have to conquer the world has drained out. What have I accomplished in my life? Do I still have any time left to make a difference? Have I lived the kind of life that has prepared my children & grandchildren for success?

Wait a minute!! You could feel this way even if you not "old". Your life could have taken a sad turn, whether sickness or prison, a turn that has taken away the years. The same questions come. Is there time left to do anything? Can I find somebody to do it with me? Is it possible that, even in my present situation in life, God has something for me to accomplish for Him, for me, for family, for people around me?

# Help from the Bible ...

1. Ruth 4:15 - "And may God be the \_\_\_\_\_ of life and a \_\_\_\_\_ of your old age."
2. Isaiah 46:4 - "Even to your \_\_\_\_\_, I am God; even to your gray hairs, I will \_\_\_\_\_ you."
3. Psalm 71:9 - "Do not cast me off in my time of \_\_\_\_\_."
4. Psalm 71:17 - "O God, You have taught me from my \_\_\_\_\_; and to this day I \_\_\_\_\_ your wondrous \_\_\_\_\_."
5. Job 12:12 - "\_\_\_\_\_ is with aged men, and \_\_\_\_\_ is with those who live long lives."
6. 1 Kings 12:6 - "There were \_\_\_\_\_ who advised Solomon."
7. Psalm 92:14 - "The righteous still bear fruit in \_\_\_\_\_; they will be \_\_\_\_\_ and \_\_\_\_\_."
8. Proverbs 16:31 - "The silver-haired head is a \_\_\_\_\_ of glory."
9. Exodus 7:7 - Moses was 80 years old and Aaron was 83 years old when they spoke to \_\_\_\_\_."
10. Proverbs 17:6 - "Grandchildren are the \_\_\_\_\_ of old men."
11. Genesis 24:1 - Abraham was old & well advanced in years, and the Lord \_\_\_\_\_ him in \_\_\_\_\_ things."
12. Ecclesiastes 7:10 - "Do not say that \_\_\_\_\_ ago are better than now; that is not a wise thing to say."
13. Isaiah 40:31 - "Those who \_\_\_\_\_ on the Lord shall renew their \_\_\_\_\_; they shall mount up with wings like \_\_\_\_\_, they shall run and not be \_\_\_\_\_, they shall walk and not faint."
14. 2 Corinthians 4:16-17 - "Therefore, we do not \_\_\_\_\_ heart. Even though our \_\_\_\_\_ man is perishing, yet the \_\_\_\_\_ man is being \_\_\_\_\_ day by day."
15. Philippians 1:6 - "He Who has \_\_\_\_\_ a good work in you will continue \_\_\_\_\_ it until Jesus returns."